



COUNTERPART INTERNATIONAL

**HEALTH NGO CAPACITY BUILDING INITIATIVE
FOR CENTRAL ASIA**

QUARTERLY REPORT

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A. Project Purpose

The purpose of the Counterpart project component is to:

Support the development of sustainable NGOs with the capacity to improve health care processes through participatory actions with communities and government

B. Project Impacts

KAZAKHSTAN

Semipalatinsk Amalgamated Association of Family Physicians Influences Policy

Per capita funding of public health care was introduced by the government as a pilot program in the Semipalatinsk and Zhezkazgan regions nearly three years ago. Due to low per capita funding levels, a significant decline in family ambulatory service resulted. In response to this problem, the Semipalatinsk Amalgamated Association of Family Physicians, trained in advocacy techniques by Counterpart, launched an advocacy campaign to increase the per capita funding rate. Association members sent a letter to the Head of the Public Health Department outlining their case; and the president of the Association also met with Maslikhat representatives on the Budget Commission. As a result of these actions the per capita rate was increased from 25 to 30 tenge as recommended by the association. It is anticipated that 20 ambulatories with a registered clientele of approximately 300,000 people will be able to improve the quality of their services with this increase.

KYRGYZSTAN

The Kyrgyz Club of Hypertension Patients Implements Project on Pharmaceutical Genetics

The Kyrgyz Club of Hypertension Patients, by participating in Counterpart's Health NGO Capacity Building Initiative, has acquired skills in project design and implementation and has received consultations on developing partnership projects. As a result, the members of the *Kyrgyz Club of Hypertension Patients* have worked out a business project on pharmaceutical genetics (Qualitative Selection of Treatment and Medicines on the Basis of Patient Genetic Heredity). The project has been supported by the Imperial College at Hammersmith Hospital in London. The NGO directly collaborates with the Hammersmith Department of Molecular Biology. The project was launched in June 2001 with funding scheduled for three years at \$1,000 per year. To date, 4,000 people living in Alaya, Sulukty, Kemin and Bishkek have been examined. 1,200 people have been detected as high-risk for cardio-vascular disease as a result of general screening. Subsequently, 40% of people from the high-risk group were registered and received prophylactic therapy. The projects research results will provide an unprecedented opportunity to see the overall picture of the development of hypertension disease among the mountain residents and to work out a special treatment for them.

Charitable Fund Sanitas Assists in the Fight Against Drug and Alcohol Addiction

In recent years, Kyrgyzstan has been facing an extremely challenging situation related to the growth in the number of alcohol and drug addicts, including teenagers. The number of drug users has increased by 7.8% from 2001 to 2002. Counterpart conducted an organizational assessment of the Sanitas Fund in June 2001 and counseled Sanitas in developing an Action Plan for Capacity Building. Strengthening the organization's financial sustainability and broadening the range of available medical services were the most important components of

the plan. In accordance with the Action Plan, a procedural room and three semi-private, three-person rooms were added to the facility in July 2001. Complimentary and fee-based medical services are provided by the Fund. 144 patients have received quality primary health care, including 24 in-patients and 120 out-patients, from June to December 2001. Moreover, every patient received quality psychological care. Over the course of the hospital's existence, income has totaled \$2000. 60% of all patients continue to receive out-patient rehabilitation in the Club of Alcoholics and Drug Users Anonymous. The Club was founded within the Fund's framework. Since the hospital's opening six people have been saved from drug overdoses and five women have stopped abusing drugs. The Fund recently organized a small hospital for treatment of drug addiction, to compensate for inadequate government attention to the issue. Thus, the Fund created a stable, appropriate non-governmental system providing quality health care for drug users and at the same time increased their income.

UZBEKISTAN

Rural Heath Care Facility(SVP) Devises Action Plan to Improve Facility

Counterpart conducted a Participatory Community Appraisal (PCA) analysis of SVP Sharq Yulduzi on October 18, 2001. During the PCA, priority issues such as building disrepair, weak heating system, low gas pressure in the community, and periodic power outages were identified. 15 people from the SVP and a neighboring makhalla took part in the PCA. Following the PCA analysis, a Community Action Plan (CAP) was developed. The SVP determined that they could solve the maintenance problems by themselves and incorporated this into the CAP. From November – January, 2001, Sharq Yulduzi members repaired the building, fixed the heating system, and with support of Rayon Hokimiyat, plans to repair the facility's roof.

C. Project Activity

Management Overview

Regional

Aigul Kabaeva joined HNCBI staff as Regional Administrative Assistant on December 17, 2001 replacing Saule Asylbekova.

Kazakhstan

In the process of preparing for the upcoming training on Strategic Planning, a meeting with 6 target NGOs was held on December 20, 2001 to discuss the program implementation. During the meeting the following issues were decided:

- The draft of strategic plan must be worked out by the first week of February; the deadline for the last version of the strategic plan is the first week of March.
- To finish the development of advocacy plans.
- To evaluate training program effectiveness (please see attachment #3 for participant opinions on training effectiveness).
- To identify and resolve the main problems with monthly report writing.

Staff Development

Regional

Advocacy, democratic governance and strategic planning are key components of the HNCBI project implementation. The ultimate goal is the overall capacity building and sustainability of 19 target health NGOs. The training module in Advocacy for health NGOs has been slightly revised and tailored for relevance to the medical audience. The goal of this training is to develop a framework for advocacy campaigns in each organization. Each target NGO is to plan an advocacy campaign by mid-February 2002. During the fifth quarter, Health PCs in each country provided consultations on Advocacy campaigns.

Coordinators from Kazakhstan, Kyrgyzstan and Uzbekistan, along with 19 target health NGOs and the Regional Coordinator, attended the regional training in Advocacy (November 8-10) and regional conference “Governance as a Key Factor of Sustainability” (November 12-14) in Almaty. It is expected that the NGOs will either create a new governing body or strengthen an existing one.

The Regional Health Program Coordinator, along with all Local Health Program Coordinators, took part in a regional Organizational Development workshop on November 15-17. Issues such as the OD assessment, the reassessment process, reporting, and methods and techniques used by other OD specialists and Health Coordinators were discussed.

Kazakhstan

Six target health NGOs, the Regional Coordinator, the Kazakhstan Health Coordinator and the Regional Administrative Assistant participated in a Strategic Planning training on December 17-19 in Almaty conducted by Dmitriy Grigoriyev from Marshak Foundation, Russia.

Kyrgyzstan

In December, Program Assistant Svetlana Muzurupkhanova attended a 3-day regional workshop on Community Outreach (Almaty).

Uzbekistan

The Health Coordinator participated in the following training activities:

- School of Evaluation in Novosibirsk on November 25-30, 2001;
- Advanced Financial Management training on December 17-18, 2001 in Tashkent;
- Strategic Planning training in Kokand on December 23-25, 2001 conducted by Dmitriy Grigoriyev from Marshak Foundation, Russia.

Objective #1: Develop the organizational capacity of target health NGOs working for improved quality of primary health care. (Please see attachment #1 for grant monitoring and attachment #2 for training highlights)

KAZAKHSTAN

During the fifth quarter, the second round of OD assessments was conducted for 5 target organizations in order to identify changes that have occurred since the first OD assessment and set new capacity building goals for the next period. The following tools were used for this round of assessments: interviews with personnel and partners, client questionnaires, research

of documents, informal conversations and organizational capacity self-appraisal according to the Model of a Sustainable NGO.

Strategic Planning / OD Reassessment

Association of TB Patients

The OD Re-Assessment revealed the following accomplishments:

- The NGO acquired a building from Medecins Sans Frontieres as a grant
- The NGO proceeded to the final stage of the World Bank's Development Market Place competition with a project on TB prevention
- Counterpart awarded the Association a grant for a community mobilization project for the opening of a medical-pedagogical center
- An executive secretary was hired
- Humanitarian assistance was received from CHAP (Counterpart Community and Humanitarian Assistance Program)
- 9 volunteers joined the organization
- The number of the Association members increased from 55 to 88

During discussion the consultant and NGO Board members concluded that the following weaknesses need to be addressed: pay more attention to fundraising; types of services are to be expanded and service quality needs to be improved; collaborate more effectively with oblast TB dispensary. As a result, the organization has developed an Action Plan addressing their identified weaknesses.

Semipalatinsk Amalgamated Association of Family Physicians

During the last 6 months the following changes occurred in the NGO:

- Successful public awareness and advocacy campaigns were organized
- An executive secretary was hired
- One volunteer joined the Association

Members of the Board identified weaknesses such as fundraising, work with mass media, and insufficient information dissemination among members. These have been set as priority issues to be addressed during the next six months.

Semipalatinsk Association of Nurses

Members of the Board identified the following achievements over the past 6 months:

- An executive secretary was hired
- A mentoring partner was identified and a partnership was initiated
- The NGO made a presentation to Akimat oblast on the results of their 2001 activities

The organization cited the lack of volunteers, inadequate materials and technical resources, and weak relationships with mass media as issues that require improvement.

Association of Family Physicians

Association members revealed the following achievements during the second OD assessment:

- 2 public awareness campaigns were conducted (Free Selection of a Family Doctor and Raising Healthy Children)
- An executive secretary was hired
- 2 target communities for community mobilization activities were identified

Members recognized weaknesses such as vertical and horizontal communications, fundraising, and communication with their constituency. The organization will work to address these deficiencies during the following six months.

Association of Medium Tier Medical Workers (Meyrim)

The organization recorded the following achievements:

- Counterpart awarded a grant for the “Mercy” community mobilization project to open the rehabilitation department providing medical and social treatment to the most vulnerable groups of the population. Equipment that has been purchased under this project is also supposed to be used for commercial services.
- 6 volunteers joined the association
- A Coordinator for external relations was hired
- Candidates were selected and agreed to join the Board of Trustees
- A brochure about the Association’s activities was issued

Material and technical resources, feedback procedure with clients, and insufficient skills in project design were considered as priority areas for a capacity building plan.

Governance

Meyrim Association initiated a meeting with representatives of the Akimat and local media. The purpose of the meeting was to discuss potential candidates for the Board of Trustees of Meyrim Association. The chairman of the meeting was the Head of the Public Health Care department, Mr. Kabikenov. Mr. Kabikenov made a presentation of Meyrim joint activity with the Department of Public Health Care and underlined the importance of further NGO development in the Zhezkazgan region through the creation of the Board of Trustees. The meeting, led by the Head of Public Health Care, raised considerable interest in Zhezkazgan Akimat. Consequently, Meyrim obtained a list of eight potential candidates from the Akimat. Consequently, Meyrim enlisted a working group to select candidates on a competitive basis.

Human Resources

Four organizations (Association of TB Patients, Association of Family Physicians, Semipalatinsk Amalgamated Association of Family Physicians and Semipalatinsk Association of Nurses) have hired executive secretaries. Staff hiring became possible after first OD assessment and negotiations with ZdravPlus, which gave institutional grants to the above-mentioned organizations.

Volunteer Management

The Association of TB Patients brought in 9 volunteers during the quarter in order to help in the activity of the Medical-Pedagogical Center for children whose parents suffer from tuberculosis. Six volunteers are medical workers and three volunteers are patients. A volunteer with an economic background and previous experience in the NGO sector began working with the Semipalatinsk Association of Family Physicians in December. Six volunteers joined Meyrim Association.

Financial Sustainability

Four target NGOs from Zhezkazgan and Semipalatinsk were trained in computer literacy in Almaty. Following the training, they visited potential donors and revised their fundraising plans including new opportunities to support their activity.

Membership Development

During the fifth quarter, the Association of TB Patients increased its membership from 55 to 88, and is continuing to grow. This increase is the direct result of PCA and CAP activities in the community, as patients are gaining self-confidence and are motivated by the active work of the Association.

KYRGYZSTAN

Four partnership agreements with Target NGOs were extended (FGPA, HAKR, Kyrgyz Club of Hypertension Patients and “Sanitas”).

Program Coordinators Chinara Kamarli, Nurdin Satarov and Senior Program Coordinator Erkingul Ubysheva conducted an OD follow up for Tcirina. After analyzing the collected results, an action plan was developed.

During the Re-Assessment of the NGO Geneco, it was disclosed that the Executive Director did not fulfill recommendations given by the OD specialist. The Director was also not prepared for the practical workshop on development of strategic plans. Therefore, OD specialist Vaslat Akhmetov, Program Coordinator Chinara Kamarli and Program Assistant Svetlana Musurupkhanova visited the organization and developed a list of recommendations.

Counterpart staff provided ongoing consultations in order to help address challenges encountered by the NGOs.

Strategic Planning

The Program Coordinator and Program Assistant conducted a practical workshop on the development of strategic plans for three target NGOs: Kyrgyz Club of Hypertension Patients, Sanitas and Geneco. The NGOs were provided with instruments and methods of strategic planning. Each NGO also received a manual on strategic planning. Program staff will conduct follow-up consulting in order to help NGOs develop sound strategic plans.

On January 18, a practical workshop on the development of strategic plans for target health NGOs took place in Issyk-Kul oblast. CC Program staff (6 people) provided consultations to each NGO individually. As a result of this workshop, drafts of strategic plans were developed and presented by six NGOs. It was decided to update plans according to comments and recommendations and afterwards get approval at a general meeting from NGO members.

Governance

Four NGOs now have Boards of Directors: FGPA, HAKR, Kyrgyz Club of Hypertensives and Geneco.

HAKR's Board of Directors is represented by chief doctors from the oblast hospitals. Since they are government representatives, their time is limited and their hospital responsibilities take precedence. The Board of Directors gets together once a quarter since they cannot physically meet more frequently because of their primary work. It is planned to hold Governance training at the end of February. A possible solution might be to involve staff that does not have huge workloads or persons who are not necessarily working for the hospitals.

The Board of Directors for FGPA is represented by the chief of polyclinics. The organization faces the same problem as HAKR. Training in effective governance took place in January.

Kyrgyz Club of Hypertension Patients and Geneco have boards of nine directors (external and internal), which are working on a permanent basis.

Human Resources / Volunteer Management

The Program staff provided consultations on job design and created an announcement for the recruitment of new personnel for Geneco. The interview for the recruitment of new personnel will take place in mid February.

The Hospital Association of Kyrgyz Republic has a volunteer interpreter working full-time.

Financial Sustainability

Six NGOs devised long-term financial sustainability draft plans as part of their overall draft strategic plans. It is expected that in March – April these drafts will be approved and NGOs will begin implementing them.

Training Workshops

During the fifth quarter, trainings in Network Development and Governance were conducted (please see attachment #2 for more training details).

UZBEKISTAN

Strategic Planning / OD Reassessment

During the fifth quarter, the Association of SVPs developed a one-year Strategic Plan and a six-month Action Plan with the assistance of the Health PC and Counterpart staff. Strategic Plans of Association of Endocrinologists, Umr and Esculap were revised and corrections were made prior to and during the 2nd OD Assessment.

During the 2nd OD Assessment, similar priority issues have been identified to constitute the Action Plans for four NGOs:

Financial Sustainability -All NGOs are dependent on grants. They need fundraising strategy development. Normally, NGOs have no more than three sources of funding. Only ASVP has membership fees and receives grants, but they still have to work on bringing in local resources. ASVP also does not have paid services.

Material-technical Resources – Aside from the Association of SVPs and the Association of Endocrinologists, none of the NGOs have offices. They also do not possess necessary office equipment such as computers, fax machines, Xerox machines, and Internet access.

External Relations - During the Reassessment it was determined that NGOs have a very limited group of stakeholders. A lot of people and organizations (governmental, business) are not aware of their activity. Only Umr, Association of Endocrinologists and Esculap had contacts with the media (within a Eurasia Foundation project) and they still need to strengthen their relations with the media.

Human Resources – The ASVP concluded that they need to attract more volunteers and more staff members for efficient work and development.

Governance

The Association now has a Board of Directors and hired a new Executive Director with a business background in December. Saodat and Kelajak now have Board of Directors.

Human Resources

All seven target NGOs were trained in Advocacy, Public Education Through the Media, PCAP, NGO and Community, Strategic Planning, Financial Management, and Project Design by Counterpart.

The Association of SVPs has one paid position of Executive Director. Usually this person participates in trainings organized by Counterpart. One volunteer (former acting Executive Director) left the NGO. Two new volunteers were attracted into the organization during the quarter.

A new Executive Director was selected for Saodat at the Board Meeting in December.

A new Executive Director was selected for Kelajak organization. The new Director was a former volunteer of this NGO. Two more volunteers were involved in NGO activities.

Financial Sustainability

The following grants were awarded during the fifth quarter:

- The Association of SVPs got a \$1,618 grant from ZdravPlus Program, Abt Associates for Establishing a Resource Center in Ferghana.
- NGO Esculap got a \$2,315 grant from ZdravPlus Program, Abt Associates for Child to Child-3 project implementation.
- Association of Endocrinologists got a \$1,930 grant from ZdravPlus Program, Abt Associates for Developing School of Diabetics project implementation.
- NGO Umr got a \$1,735 grant from ZdravPlus Program, Abt Associates for Anemia Prevention Among Women of Reproductive Age project implementation.

Objective #2: Develop community outreach and advocacy skills within the target health NGOs to better inform select populations and promote quality primary health care.

KAZAKHSTAN

Participatory Community Appraisals

During the last quarter, two NGOs have conducted Participatory Community Appraisals. Initiative groups consisting of community members and stakeholders in alliance with target NGOs created Community Action Plans based on the following PCA results:

NGO	Community	Key Problems Identified
Association of Nurses (Semipalatinsk)	Inhabitants of village Berezovsky	<ul style="list-style-type: none">• Road from Semipaltinsk to Berezovsky village needs reconstruction• Absence of kindergarten playground• Polluted lake and spring
Association of Family Physicians (Semipalatinsk)	Patients of SVA “Vita” and Patients of SVA “Garmoniya”	<ul style="list-style-type: none">• Absence of kindergarten playground• Cinema does not work• Desolated park• Vandalized café Zhuravushka• Neither SVA has ramps or other provisions for the disabled or baby carriages

Education and Advocacy Campaigns

Zhezkazgan Association of Family Physicians staged the Free Selection of Family Physicians campaign. The campaign was carried out on December 3-14, in which 9 family ambulatories participated. The Association has been conducting similar campaigns for four years. In this year's campaign, a *hotline* was organized after getting the idea after a Counterpart Advocacy training. The *hotline* is aimed to enhance family physicians' prestige among the Zhezkazgan population and to get feedback from patients. The media and the local department of Public Health contributed to this event.

The Executive Director of ASVK, Rafail Kipshakbaev, conducted a workshop with members of the Association from Karaganda, South-Kazakhstan, East-Kazakhstan and Pavlodar regions. The purpose of the workshop was to present Advocacy campaigns as an effective instrument to lobby interests of the NGO and its clients. The audience came to a mutual decision to consider plans for advocacy campaigns, developed by each affiliate accordingly. The best advocacy plan will receive the support for implementation from the head office.

Health Micro-Projects (Community Action Grants)

Both the Mercy and Opening of the Medical Pedagogical Center is going smoothly and are scheduled for conclusion in February.

KYRGYZSTAN

Participatory Community Appraisals

FGPA members were not satisfied with the results of 1st PCA because they felt the findings were not feasible. As a result, the second PCA will be conducted in February.

Education and Advocacy Campaigns

All target NGOs received a draft of the health care reform legislation. After studying the draft legislation, a list of comments is being compiled for the next parliamentary hearings.

Health Micro-Projects (Community Action Grants)

Throughout the fifth quarter, ongoing consultations concerning the Community Action Grants (CAG) were provided to all target organizations.

On December 20, the Grant Committee approved a CAG submitted by the Kyrgyz Club of Hypertensives (KCH). A grant of \$4,013 designed for the purchase of a computer, copy machine, scanner and modem was awarded. KCH Personnel will conduct four seminars involving 20 patients and family members per month in order to train patients in prophylaxis methods. The equipment will allow KCH to modify and print out manuals and hand out materials on a regular basis. This should decrease the level of mortality and complication cases among patients with high blood pressure.

A CAG in the amount of \$4,980 that was submitted by NGO Sanitas, was sent back for revision with recommendations from the Grant Committee. The grant was aimed at improving the quality of service for drug addicts and alcoholics. The purchase of medical equipment would help with this problem.

The Program Coordinator prepared a justification on the modification of the Community Action Grant for Tcirina and Kyrgyz Club of Hypertensives. After consideration of proposed budgets both Grants were approved. Tcirina has purchased electrical autonomous power

generator for the hospital since power outages are occurring often. According to a recommendation from the IT manager it was also decided to purchase a less expensive computer and increase the size of the monitor for the Kyrgyz Club of Hypertension Patients. All equipment will be delivered by mid-February.

UZBEKISTAN

Participatory Community Appraisal

The Association of SVPs with assistance of a facilitator from Counterpart, conducted a PCA in makhalla Tojik on January 22-23, 2002 in Kuva rayon of Ferghana oblast. 52 people from the community participated in the PCA. Priority health issues such as the lack of drinking water in the makhalla was determined. A roundtable is going to be conducted at the beginning of February. After the roundtable, a CAP will be developed.

Objective #3: Promote constructive engagement and policy dialogue among NGOs, government, communities and the private sector on the issue of primary health care in the Central Asian Republics.

KAZAKHSTAN

Health Service Social Partnerships

On January 26, the representative of the Association of Family Physicians, Sipat Sagimbaeva, and ZdravPlus representative, Zhamal Tazhikenova, participated in a workshop of the Business Women Association of (BWA) (Zhezkazgan branch). The Association of Family Physicians proposed the BWA participate in a joint project. Within the framework of this project, the ASV proposed to launch a public campaign entitled Woman, Family, and Health, which would target women suffering from anemia in the most vulnerable families; and would also disseminate information to the population about anemia treatment and prevention. At present both parties are developing the proposal.

Health Policy Social Partnership

Private, governmental and non-governmental medical structures have created a coalition on prophylaxis of HIV/AIDS and Sexually Transmitted Infections (STI). The working group consists of AIDS Center, STI Skin Diseases Dispensary, and Healthy Lifestyle Center, Center of Blood, and Association of Family Physicians. The role of this coalition is to develop a public awareness campaign on the above-mentioned infections, with particular emphasis on youth.

KYRGYZSTAN

Health Policy Social Partnerships

Counterpart's Program Coordinator and the Country Director had a meeting with the head of the health care commission from Jogorku Kenesh (parliament). The main topic of the discussion was the engagement of health NGOs in the implementation of health care reforms in Kyrgyz Republic. It was agreed to organize parliamentary hearings on the new health care policy legislation draft in mid-February. Governmental bodies, parliament representatives, international agencies and health NGOs will take part in that discussion. All target NGOs received the package of legislative documents are developing a list of comments/questions for the parliamentary hearings. All expenses related to the debates will be covered by Counterpart.

UZBEKISTAN

Health Service Social Partnerships

Medical Center Esculap submitted a project proposal for MPG Program where Esculap and the Health Administration Department of Kokand city will participate as partners in establishing a Resource Center for medical professionals and health NGOs.

Association of Endocrinologists came to an agreement about partnership with the Red Crescent Society in Kokand and City Health Administration within the CAG project, which was submitted to Counterpart Consortium. This project is to be reviewed soon.

Center Umr and local commercial TV Mulokot, developed a public service announcement video on Anemia prevention.

D. Coordination and Cooperation
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REGIONAL

The meeting (December 10) was arranged to discuss the HNCBI program with all 19 target health NGOs regarding accomplishments, challenges and future plans. Since the project is half-way through implementation, this meeting was useful in analyzing what has been accomplished so far; at what stage the program is developed in the three countries and what still needs to be done or improved upon. It was suggested by all PCs and target NGOs that it would be essential to have such meetings on a quarterly basis. The meetings can be combined with regional training activities to keep costs at a reasonable level. Following previous discussions, the Regional Coordinator took this opportunity to conduct a session on Mentoring Partnership Grants with help from health coordinators and explained the program goals, grant requirements and how to prepare a letter of interest to potential partners.

On December The Regional Coordinator had a meeting (December 13) with the AIHA Director which turned out to be very useful in terms of getting a better understanding of the implementation of partnership projects.

The Regional Coordinator and Health Coordinators from Kazakhstan, Kyrgyzstan and Uzbekistan visited CHAP, met with Regional Director for Central Asia, Jim Benson; Country director Roza Buldekbayeva and Deputy Regional Director, Joseph Luke to discuss possible avenues of collaboration. It was agreed that the NGOs will submit applications to CHAP in order to get available medical equipment.

KAZAKHSTAN

- A major problem for target NGOs is the lack of communication with the health coordinator and potential partners. Another problem is the absence of computer skills. This problem is being dealt with by IREX computer literacy training provided to the first group of NGO representatives. Training has been conducted in Zhalgas Center (CSSC) and Pushkin Library with invited trainers from IREX.

- The Public Health Institute, a non-governmental healthcare organization has been established recently within the School of Public Health Care. In accordance with this event, its representative invited the Health Program Coordinator to conduct a session dedicated to Health NGOs within the 2-week training - Management in Public Health with 30 participants. The Counterpart Coordinator made a presentation on the CSSC program and the HNCBI program in particular.
- On January 10, Courtney Barnett and Gulnara Joldybaeva met with Abt after a Mentoring Partnership Grant Committee meeting. Activity coordination in Kazakhstan was the issue of this meeting.

KYRGYZSTAN

- During the fifth quarter, two meetings were held with Jogorku Kenesh representatives (Parliament) where the issue of upcoming parliamentary hearings was discussed. As a result, parliament members and Counterpart staff agreed that all six target health NGOs will participate in parliamentary hearings and provide an input into new legislation concerning the health care sector.

UZBEKISTAN

- Shukhrat Aripov had 2 coordination meetings with Zafar Oripov, NGO development and Grant Manager of USAID/ZdravPlus Program, Abt. Associates. Health PC and Zafar Oripov discussed program implementation, successes and challenges. Both representatives planned to introduce the health NGOs' Network in Ferghana Valley.
- The Health Coordinator together with Soroush Javadi, Country Director of Counterpart Consortium Uzbekistan had a meeting with USAID Health Advisor Andreas Tamberg. During this meeting Mr. Tamberg was updated on HNCBI Program implementation and Grant Programs. Health PC sent a copy of Mentoring Partnership Grant proposal of NGO Esculap to Andreas Tamberg at his request.
- The Health Coordinator met with the Deputy of Head of Health Administration of Kokand city and updated him on Program activities and plans and invited him for the NGO and Community training being organized by Counterpart on December 20-21, 2001. It has been mutually agreed to have a roundtable of all health NGOs in Kokand and representatives from City Health Administration.

E. Leveraging

KYRGYZSTAN

Due to the immediate necessity of having full-time working managers in the regional NGOs to support existing activity, a written justification of financial support (salaries for managers) was submitted to the regional office and to Abt Associates. The regional Abt office has approved the request of Counterpart Kyrgyzstan hub center to provide financial support for 4 managers/secretaries from the following NGOs: Tcirina, Sanitas, Kyrgyz Club of Hypertensives and Geneco. The amount of financial support is to be negotiated. It is expected that the first payment will be made in February.

F. Lessons Learned

KAZAKHSTAN

- **The absence of paid staff in the health NGOs hampers project implementation.** A joint solution was found with Abt Associates (ZdruvPlus project) that provided four NGOs with institutional grants to cover office secretary's salaries.
- **Training and technical assistance without sufficient supplies and equipment limits the outreach of NGOs.** Lack of supplies and equipment considerably limits NGO public relations if they cannot publicize their activities through printed materials or advertising of their events.
- **The absence of computer and fax machines in many cases complicated the process of searching for partners or Mentoring Partnerships.** Considering that each of HNCBI objectives is quite extensive, without significant institutional support for target health NGOs, sometimes training and consultations are not sufficient tools to help NGO become self-sustainable. Consequently, there is an apparent need for institutional funding to support organizations intrinsically.

KYRGYZSTAN

- **Developing strategic plans may increase likelihood of sustainability.** OD assessments have shown that most of organizations that do not see the sustainability of the organization in the future, also do not have strategic plans. For this purpose follow-up on the development of strategic plans for each organization will be provided separately.

UZBEKISTAN

- **Time constraints of part-time staff members may restrict the number of new projects that Target health NGOs can assume.** Target health NGOs were passive in participating in CAG Program and writing proposals for micro projects. The reason for that was lack of time because the majority of the NGO members work in state organizations. Secondly, four active NGOs are also grantees of ZdravPlus Program with Abt Associates. Some NGOs were uncertain if they could manage both the CAG and the Abt programs.
- **Conducting joint outreach meetings increases NGO involvement.** The Health Coordinator together with Community Outreach/Makhalla Initiative Project Coordinator from Kokand CSSC presented CAG Program for health NGOs explaining the goals and clarifying some issues related to this program. The Coordinator also had a meeting with target NGOs about conducting other PCA analysis and developing CAPs with proposals developed for CAG Program. After that meeting and the presentation in January, the Association of SVPs conducted PCA analysis and four more NGOs are going to conduct PCA analysis in February 2002.
- **Warning letters are effective tools for increasing participation.** After notification and giving Warning Letters to NGOs Kelajak and Saodat, both NGOs selected new Executive Directors to improve management within the organization, the NGOs became more active participants in trainings provided by Counterpart Consortium, and reporting has slightly improved.

ATTACHMENTS

Attachment 1. Mentoring Partnership Grants.

Mentoring Partnership Grant Committee has met on January 30 and evaluated 11 proposals (5 from Kyrgyzstan, 3 from Uzbekistan and 3 from Kazakhstan) out of which six have been approved.

KAZAKHSTAN

Three applications have been submitted to the Grant Review Committee by the following NGOs: Association “Meyrim”, Semipalatinsk Association of Nurses and Semipalatinsk Amalgamated Association of Family Physicians. 2 projects were approved by the GRC.

1. Name of Organization: Semipalatinsk Association of Nurses

Proposal Title: “Nurse”

Total amount requested: \$24610

Total cost of the project: \$35200

Project period expected: 5 months

Project Goal: To learn fundraising techniques, management and leadership development as well as nurse care standards from the partner organization.

Partner Organization: “Pradziu Pradzia” NGO, Lithuania.

2. Name of Organization: Semipalatinsk Amalgamated Association of Family Physicians

Proposal Title: “Mentoring Partnership for Semipalatinsk Amalgamated Association of Family Physicians”.

Total amount requested: \$24882

Total cost of the project: \$41522

Project period expected: 6 months

Project Goal: Strengthening the Association through experience exchange and mentoring in the areas of family medicine, primary healthcare delivery, grant writing and development of program sustainability.

Partner Organization: Chronic Diseases Prevention and Control Research Center (since it is the department of the University, it was suggested by the GRC members that Association get an agreement with one of participating partners – Texas Association of Family Practice).

KYRGYZSTAN

The main goal of the quarter was to prepare mentoring partnership grant proposals. Health Project Coordinator provided intensive consultations on grant application for 5 target NGOs. Thus, 5 applications were submitted to Grant Review Committee: Hospital Association of the Kyrgyz Republic, Association of Family Group Practitioners, Fund “Sanitas” and Kyrgyz Club of Hypertensives. MPG was approved for FGPA and HA KR.

1. Name of Organization: Hospital Association of Kyrgyz Republic

Proposal Title: “From Partnership to Sustainable Future”.

Total amount requested: \$24810

Total cost of the project: \$40874

Project period expected: 6 months

Project Goal: To raise effectiveness of HAKR through partnership (i.e. hospital and financial management as well as other areas).

Partner Organization: French Hospitals Federation

2. Name of Organization: Family Group Practitioners Association

Proposal Title: “Mentoring Partnership to Support FGPA and Family Practice in Kyrgyzstan”.

Total amount requested: \$23100

Total cost of the project: \$39848

Project period expected: 6 months

Project Goal: To expand and improve the quality of services, get new skills in fundraising, increase public awareness, establish more efficient management system, establish a network of NGOs.

Partner Organization: World Family Practitioners Association (WONCA)

UZBEKISTAN

Two grants were received by Uzbekistan target health NGOs:

1. Name of Organization: **Uzbek public center for children and teenagers with disabilities suffering from paralysis “Umr”, Kokand branch**

Proposal Title: Assisting Umr Kokand branch in sustainable organizational development through mentoring partnership with “Nucleus” International Foundation for medical and social support services for children and teenagers with limited physical abilities in Kokand city.

Total amount requested: \$19328

Total cost of the project: \$24940

Project period expected: 6 months

Project Goal: Foster sustainable organizational development of Umr Center in Kokand by mentoring partnership with Nucleus International Foundation and Medical and Social Support Services (MSSS) to be established for children and teenagers with limited physical abilities in Kokand for the period of 6 months 2002.

Partner Organization: “Nucleus” International Foundation

2. Name of Organization: **Kokand Association of Doctors-Endocrinologists (KADE)**

Proposal Title: Effective Partnership is a Prerequisite of Success

Total sum requested: USD 18604

Total cost of project: USD 23269

Project period expected: 6 months

Project Goal: Sharing experience with mentor partner – Diabetics Association of Republic of Kazakhstan (DARK) and establishment of Diabetes School in Kokand city for the purpose of bolstering KADE’s organizational development.

Partner Organization: Diabetics Association of Republic of Kazakhstan (DARK)

One proposal of NGO “Esculap” was considered for revising and one-month period of time was given for changing some points of project.

Attachment 2: Training Highlights

KAZAKHSTAN

Module	City	# of Training workshops	# of NGOs	# of NGO Participants	# of Communities	Number of participants from communities	# of Women	# of Men
Advocacy	Almaty	1	6	12	0	0	9	3
“Governance” Regional Conference	Almaty	1	6	6	0	0	5	1
Strategic planning	Almaty	1	6	17	0	0	13	4
Computer literacy	Almaty	1	4	16	0	0	14	2
Human resources management	Semipalatinsk	1	2	4	0	0	3	1
NGO and Community	Semipalatinsk	1	2	4	0	0	3	1
Social Partnership	Semipalatinsk	1	2	4	0	0	4	0
Public education through the Media	Semipalatinsk	1	2	4	0	0	2	2
Financial management	Semipalatinsk	1	2	4	0	0	2	2
TOTAL:		9	32	71	0	0	55	16

KYRGYZSTAN

Module	City	# of Training Workshops	# of NGOs	# of NGO Participants	# of Communities	Number of participants from communities	# of Women	# of Men
Team Building	Talas oblast	1	2	15	0	0	10	5
Network development	Issyk-Kul ob.	1	18	31	0	0	17	14
Communication Skills	Issyk-Kul ob.	1	2	25	0	0	19	6
Advocacy	Almaty	1	6	11	0	0	5	6
“Governance” Regional Conference	Almaty	1	6	6	0	0	2	4
TOTAL:		5	34	88	0	0	53	35

UZBEKISTAN

Training	City	Number of training workshops	Number of NGOs	Participants from the NGOs	Number Of communities	Number of participants from communities	# of Women	# of Men
PCAP	Kokand	1	12	16	1	2	7	11
Financial Management	Kokand	1	9	12	0	0	5	7
Education of public through Media	Kokand	1	4	8	0	0	5	3
Strategic Planning	Kokand	1	7	12	0	0	7	5
NGO and Community	Kokand	1	13	18	2	2	8	10
Advocacy	Almaty	1	7	11	0	0	6	5
“Governance” Regional Conference	Almaty	1	7	8	0	0	5	3
Project Design	Kokand	1	14	17	0	0	10	7
TOTAL:		7	7(target)	102	3	3	53	51

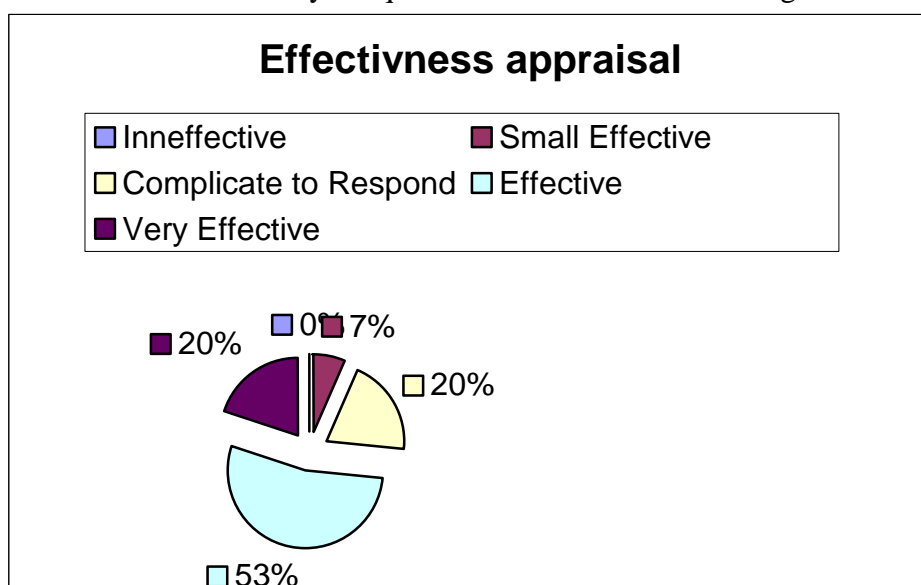
Attachment 3. Effectiveness of training program implementation in Kazakhstan.

Within the framework of the workshop with target health NGOs one session was devoted to training's effectiveness survey. 15 representatives of target health NGOs participated in survey for the period July-December 2001. Used methods were questionnaire and group interview.

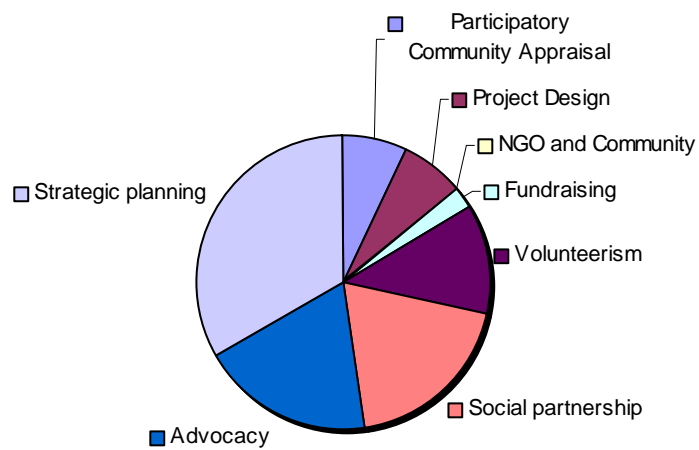
7 questions were proposed to participants:

- Please evaluate the effectiveness of trainings; program realization within the framework of HNCBI program?
- In your opinion, which of conducted trainings are the most productive?
- In your opinion, which of conducted trainings are the least productive?
- Who were the most impressive trainers?
- To which extent information and skills acquired during the training program of the HNCBI will be applied to your work?
- To which extent training program complex for your perception and understanding?

CC Consultants analyzed questionnaires and the following results were elicited:



Modules' Productivness



Trainings' knowledge demand in practice

